



UCBC

UNIVERSITY CANCER
& BLOOD CENTER

BREAST HEALTH PROGRAM



HIGH-RISK BREAST CANCER PROGRAM



Do I need a referral to the program?

No, you may be referred by your physician or refer yourself by calling (762) 356-4780. Please bring your insurance card, photo ID, list of all medications, and a detailed family history with you to your appointment.

Any previous breast imaging not performed in Athens, GA, would also be beneficial.

**TO LEARN MORE, VISIT
UNIVERSITYCANCER.COM**

658 N Chase Street
Suite 201, Athens, GA 30601

(762) 356-4780

(800) 892-2806

FAX: (706) 608-7597



EARLY DETECTION IS KEY!

Our program combines advanced technology with expert clinical assessment for earlier detection of breast cancer in high-risk women.

Our comprehensive approach includes:

- Detailed history and physical
- Imaging studies, as indicated
- Formal genetic counseling when appropriate. If genetic testing is necessary, a certified genetic counselor is available to explain the advantages, disadvantages, and limitations of genetic test results
- Risk reduction strategies to include healthy behaviors, medications, and/or surgeries



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BREAST CANCER: THE FACTS

According to the American Cancer Society:

- More than 300,000 new cases of breast cancer are diagnosed each year.
- Early detection can dramatically improve survival rates by diagnosing cancer when it is most treatable.

HIGH-RISK CARE

For most women, having annual mammograms and breast examinations may be adequate to ensure early detection of breast cancer. However, a more comprehensive early detection program is necessary for women at high-risk of developing breast cancer because of family or personal history.



Heather
Wheatley, NP

Dr. Ashley
Ray

Dr. Cody
Cunn

Sarah
Shanewise, PA



ARE YOU AT INCREASED RISK FOR BREAST CANCER?

If you answer “Yes” to any of the following questions, you may be at an increased risk for breast cancer.

- Have you ever been diagnosed with breast or ovarian cancer?
- Do you have a family member who has had breast or ovarian cancer?
- Have any men in your family ever had breast cancer?
- Do you have family history of colon cancer, prostate cancer, pancreatic cancer or melanoma?
- Have you or a relative ever tested positive for a change (mutation) in a cancer susceptibility gene?
- Have you ever had an abnormal breast biopsy with pre-cancerous changes (Lobular carcinoma in situ or atypical ductal hyperplasia)?
- Have you received radiation therapy to the upper body?

If you answered “Yes” to any of these questions, you may be interested in being assessed in our High-Risk Breast Cancer Program.

ANSWERING YOUR QUESTIONS

What tells me that I am at risk?

Your unique combination of risk factors helps determine whether you are at a high risk for breast cancer. Some factors significantly increase breast cancer risk, and others produce only modest changes. We evaluate your combination of the following factors to determine your specific risk and related recommendations:

- Your current age
- If or when you had children
- When you began menstruation
- Your breast biopsy history
- If you have had a previous diagnosis of cancer
- If you have had a history of radiation therapy to the chest
- Your family history of cancer
- A specific gene mutation in your family associated with cancer
- Your breast density

If I am at high-risk, how will the program benefit me?

- Evaluates your current breast cancer early detection plan and modifies it, if necessary
- Identifies ways to reduce your breast cancer risk
- Provides information that may benefit other family members concerned about cancer risk

If I am at high-risk, what can I expect?

- A detailed breast cancer risk assessment
- A complete evaluation and examination by our dedicated breast surgeon and/or advanced practice provider
- A specific follow-up plan for breast cancer prevention and early detection
- Genetic counseling and genetic testing, if indicated
- An evaluation by a medical oncologist, if indicated